JAPANESE ACUPUNCTURE STUDY-ABROAD *SPRING* TOUR

in Kyoto, Japan
March 30 – April 5, 2027



Beginning of autumn is the harvest time and one of the best seasons to visit Japan. Weather is very mild and trees start to change their colors, there is no better time than autumn to visit Japan and partake in a unique and exciting learning opportunity. The Japanese Acupuncture Study Autumn Tour is being held in the historic town of Kyoto from March 30th – April 5th, 2027.

A limited number of practitioners and students are being invited to join in an exceptional learning and cultural experience.

The study tour is a 7-day scheduled program, which includes:

- Arrival, Orientation Meeting and Welcome Dinner.
- 6 days of didactic and practical learning with Japan's premier acupuncturists.
- Mid-Week (4th day) Zazen Meditation Experience at Zen Temple with English translation.
- Vender shopping, opportunity to purchase Acupuncture related products only available in Japan.
- Closing Ceremony and Certificate of International Study.
- 41 CEU's / PDA's pending.
- Translation provided.







About Japanese Acupuncture and the Program:

Japanese style acupuncture has long been revered for its gentle needling, precise approach and highly selective clinical results. Whether you are a seasoned practitioner or new to the field of acupuncture, this program will provide you the opportunity to fully immerse in this very refined system of acupuncture which is rapidly gaining popularity in the world as patients and clinicians alike awaken to the allure of this subtle yet very potent method of healing.

Situated in the renowned historic spiritual city of Kyoto steeped in temples and inordinate charm, this program is designed to greatly enrich and polish the senses while developing and refining the acupuncturist's skills and technique of reading the body and working with subtle energy. You will learn a broad spectrum of healing approaches and come away with skills you can readily apply in your practice and achieve lasting clinical results. The learning format consists of lecture, observation and practical experience with teacher feedback. Expect to learn a lot and greatly broaden your perspective while laying a solid foundation for your future as a clinician.

Zazen Meditation:

On day 4 of the program, we will embark on an adventure to an ancient Temple complex (TBD) filled with beautiful gardens and treasures of Japanese Art. Here we will have an authentic Zazen (Zen Meditation) experience guided by the temple's head monk. Zazen is a sitting meditation in the still posture and observe all there is. It is a practice towards enlightenment by heighten all your senses and take in sound, smell, feeling of air and even your mind activities.





Venues:

We'll have an exclusive usage of the event room in the prime area of Kyoto. There are many shops and restaurants around to entertain you.

Office Gokomachi:
Shijo TM Building 2F Room 201
402 Daizu-cho, Shijo sagaru, Gokomachi-dori
Shimogyo-ku, Kyoto-shi, Kyoto 600-8039

Accommodations:

Participants are responsible of reserving their own hotel rooms near the venue in the center of Kyoto City near from Gion, Kiyomizu Temple and Kyoto Station. Locates at the central area of Kyoto city, many markets, convenience stores, currency exchange and grocery stores, and many delicious restaurants are just a quick walk away. Most hotels in the area is located approximately 10 minutes from Kyoto Station by taxi, less than 2 hours from Kansai International Airport (KIX).

Meals:

The grand Welcome Dinner, a multi-course traditional Japanese dining experience (non-vegan, non-vegetarian, non-gluten free), is included in the seminar fee. A breakfast average $3 - $10, lunch meals average $5 - $15, dinner meals average $15 -$40 per person depending on your choice. Sightseeing day lunch meal (gluten free, non-vegetarian) is included in the fee.

Travel:

Getting around Japan is very safe and relatively easy. Travelers are advised to bring a phrase book or download some translation Apps for your Smartphone, and to have cash on hand in case you need to take a taxi as they are not always equipped to accept credit cards.



WHEN:

Friday, March 30th – Thursday, April 5th, 2027

Plan to arrive early to make sure you are able to attend the Orientation Meeting at 9am on March 30th. It is best to arrive a day or more in advance if possible to allow time for travel, settling in and adjusting to the time difference. Everyone will stay through the end of the seminar (6:00PM) on Monday, April 5th and plan their departure for anytime thereafter.

GETTING THERE:

Kyoto is in the western region of Japan and about hour and a half away from Tokyo by Bullet Train.
The closest International Airport is **Kansai International Airport (KIX)**.

Useful Link for Traveling to Kyoto:
http://kyoto.travel/en/traveller_kit/accessinfo_airport

Flying into Osaka, Kansai International Airport (KIX) or Osaka International Airport (ITM):

Kansai International Airport (KIX) to Kyoto Station:
Train: JR Airport Express Haruka 75min.
http://www.kansai-airport.or.jp/en/access/train/index.html#_05

* KIX has easier access to Kyoto by train with no transit and is recommended.
* Here is a link to help you plan your travel from the airport to Kyoto:
  http://www.kyoto-magonote.jp/en/transport/kix-kyoto/access/

Flying into Tokyo, there are two major international airports: Haneda International Airport (HND) and Narita International Airport (NRT):

Getting to Kansai from Tokyo, by Air:

From both Narita Airport (NRT) and Haneda Airport (HND) to Kansai International Airport (KIX) it is generally about $100 or less, round trip



Getting to Kansai from Tokyo, by Train:

Haneda Airport (HND) to Shinagawa Station:
Train: Keikyu Train: **http://www.haneda-tokyo-access.com/en/**

Narita Airport (NRT) to Tokyo Station: Train: Narita Express:
http://www.jreast.co.jp/e/nex/



Tokyo or Shinagawa Station to Kyoto Station: 13,600yen
Train: Shinkansen (Bullet Train): **https://www.jreast.co.jp/e/charge/**

Kyoto Station to Hotels near by venue:
Taxi: 25 minutes, about 1000 -1500 yen.
Taxis do not always take credit cards, so plan to have cash on hand.

* Consider purchasing a Japan Rail Pass if you plan to travel around Japan:
  http://www.jrpass.com/?gclid=CM2Pk_WTwrwCFUqSfgodcGwAhA

Local Travel in Japan:

Most travel during the seminar will be on buses and trains as a group. Three days of the seminar take place in a conference room at TRAFFIC – the only traveling required during those days is Day 1 – we will venture downtown by taxi to a restaurant for the Welcome Dinner. For the sightseeing day, we may take buses and trains but mostly by foot. Occasionally, we may travel by taxi. Plan to budget around 1000 yen for travel expenses during the week.

Travel Insurance:

All participants are required to purchase and show proof of travel insurance, which must include trip cancellation (VERY unlikely to happen – however for liability purposes we must require this coverage).

SEMINAR FEES AND DEADLINES FOR REGISTRATION:

Repeater Special: $1595USD Limited to 4 Spots
Application and full payment by October 15th, 2026

Early Bird Special:
Practitioners $2595USD
Students $2495USD
Application and $500 Deposit by October 15th, 2026
Deposit Refund Deadline: October 31st, 2026*
Due Date for Remainder of Payment: November 15th, 2026
Refund Deadline: November 15th, 2026*

Regular Registration:
Practitioners $2695USD
Students $2595USD
Application and full payment by November 30th, 2026
Refund Deadline: November 30th, 2026*

***Refunds will not be issued after the listed refund date.**

***Cancellation of tour if minimum number of participants is not met by 11/30/2026.**

Wait List: Space is limited. In the event that you are wait-listed, full payment will be due at the time an opening becomes available.

NOT included in pricing are airfare, hotel, transportation, meals, travel insurance and personal costs. These are additional expenses that are to be arranged by each individual traveler. (Many participants like to take the opportunity to tour around the beautiful country of Japan outside the dates of the program and this enables them the flexibility to do so at their leisure.)

The total approximated cost of the trip, projected depending on individual needs and expenses:

COSTS:

- Seminar Fee: $1595 - $2695USD (please see above)
- Airfare: approximately $1000 - $1800USD from LAX, other departure cities/countries vary.
- Accommodations: TBD
  18,000 yen – 25,000 yen per night, price varies depending on occupancy number.
- Travel Insurance: varies by individual, $30 - $100USD
- Sightseeing day travel (Taxi, Bus and Train) and entrance fees to temple/shrine may be required
- Meals: averaging 2500 yen per person per day

Total Average Cost: $3000 - $4500USD
(not including personal expenses)

SAMPLE SEMINAR SCHEDULE (subject to change)

Morning meeting and meditation; 1.25-hour lunch - DAILY

DAY 1 (Tue 3/30/27) Orientation; Nakane Hajime – Japanese Acupuncture; Welcome Dinner

DAY 2 (Wed 3/31/27) Nakane Hajime – Meridian Therapy

DAY 3 (Thu 4/1/27) Yoshikiyo Okawa – Sugiyama Style Authentic Japanese Acupuncture

DAY 4 (Fri 4/2/27) Zen Meditation, Free Day

DAY 5 (Sat 4/3/27) Yoko Oasa - Facial Rejuvenation Acupuncture

DAY 6 (Sun 4/4/27) Shigehisa Adachi – Qi Ko Ku Do Pulse Diagnosis & Abdominal Palpation

DAY 7 (Mon 4/5/27) Atsuki Maeda – Tei Shin, Non-Insertive Acupuncture

Vender Shopping Venders will be there to give an opportunity for you to purchase acupuncture and moxibustion related products that are only available in Japan.

Closing Ceremony There will be a closing ceremony proceeding the end of the lecture on the last day where the certificate of completion will be granted to the participants who has attended all days.



Teacher Bios:



Atsuki Maeda: Dr. Atsuki Maeda is an acupuncturist in Japan and in California who specializes in and teaches Japanese Acupuncture and Celestial Acupuncture, and has been practicing for over 40 years. He is a practitioner and an educator at various acupuncture schools and CEU/PDA provider, and the founder and organizer of the Annual Japanese Acupuncture Study-Abroad Tour in Kyoto, Japan.



Hajime Nakane: Nakane sensei is a direct disciple of the master, Akizo Okada, specializing in Meridian Therapy style acupuncture. He is an author and lecturer, and has a private practice in Kyoto, Japan. He also serves as a board member for Traditional Japanese Medicine Association. He is the organizer on the Japan side.



Yoko Ooasa: Ooasa sensei is a Vice-Principle and Academic Dean at Shikoku Medical College. She is a teacher and lecturer who specializes in Japanese style Facial Rejuvenation ("Health and Beauty") acupuncture combining with body acupuncture. "True beauty come from within."



Shigehisa Adachi: Adachi sensei has a private practice in Osaka, clinician/researcher at Osaka University Hospital and founder/teacher at Shindou Gokeikai study group. He specializes in treating various condition through pregnancy and pediatrics. His unique approach of combining three different pulse diagnosis and very rare.



Yoshikiyo Okawa: Okawa sensei is a professor at Morinomiya University of Medical Science and Takarazuka University of Medical and Healthcare. He specializes in Sugiyama Style Authentic Japanese Acupuncture needling techniques.

To begin the registration process, please download the registration form from our website, fill out the form and submit.
www.acupuncturestudyabroadtour.com

To make a payment, send money order or cashier's check made out to Atsuki Maeda and mail to:
3248 Sepulveda Blvd., Torrance, CA 90505
Venmo: @Atsuki-Maeda, PayPal: @atsukimaeda

To complete your registration, we will also need you to fill out the 'Study Abroad Agreement', sign it, and either mail it in with your Registration form, or scan the Study Abroad Agreement and attach it to your email.

You will also need to attach a scan of your current Passport and proof of travel insurance along with your registration form if you have those ready. If not, you can email your passport scan and proof of travel insurance separately to **japanacupuncturetour@gmail.com**. Or, of course, if you are registering by mail, you can also include with your Registration Form.

NOTE: Your registration will not be considered complete unless we have received your Application, Study Abroad Agreement and payment of the deposit. Passport and travel insurance can come later.